



Suicide: No one is immune.
Know the warning signs and how to help.

March 4th 2010

Preble High School Auditorium

6:00-8:00 PM

Any parent wanting to learn more information about warning signs of suicide, strategies for supporting their son/daughter, and steps for accessing community resources are invited to participate. Parents will have the opportunity to not only learn more about depression, warnings signs, risk factors of suicide and how to support their son/daughter, but also will get to experience one aspect of the suicide prevention initiative occurring within the district. The Preble PEER leaders will utilize a video and power point presentation outlining the QPR (Question, Persuade, Refer) model that is being taught throughout Brown County. This will be followed by a panel presentation of members representing a variety of community resources that can be accessed when needing support. In addition, the panel will include parents who are survivors of suicide and will be able to provide a personal perspective.

Means restriction is a critical component for parents to reduce likelihood of a suicide attempt.

Refreshments will be provided by Preble Parent Network

In an effort to support this strategy, trigger locks will be provided for the first 50 participants

Did you know?

Based on results of the Youth Risk Behavior Survey administered in 2007:

- The percentage of students in GBPSD reporting feelings of sad or hopelessness over a 12 month period is higher than the state average.
- District wide, 16% of students reported that they "seriously considered attempting suicide during the past 12 months".
- Freshman report the highest incidents of actually attempting suicide one or more times during a 12 month period.